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KEY=ORIENTATION - BRODY JANELLE

FAST FACTS FOR THE L & D NURSE

LABOR & DELIVERY ORIENTATION IN A NUTSHELL

Springer Publishing Company cs.nurse.child

FAST FACTS: LE DÉFICIT EN PYRUVATE KINASE POUR LES PATIENTS ET LES ACCOMPAGNANTS

**UNE MALADIE GÉNÉTIQUE RARE QUI AFFECTE LES GLOBULES ROUGES
INFORMATIONS + PRISE DE CONTRÔLE = MEILLEUR RÉSULTAT**

Karger Medical and Scientific Publishers **Le déficit en pyruvate kinase est une maladie génétique rare qui cause la destruction des globules rouges. Malgré une compréhension grandissante de la maladie, elle reste inconnue de nombreux professionnels de santé et l'information disponible pour les patients est limitée. Ce livret superbement illustré est conçu pour aider les patients à se doter des meilleures informations sur leur maladie afin d'améliorer les conversations qu'ils ont avec les médecins et les infirmiers à son sujet. Il fournit des explications simples mais détaillées sur :**

- le rôle des globules rouges et ce qui ne va pas dans le déficit en pyruvate kinase
- la manière dont la maladie est transmise
- la manière dont la maladie affecte les patients
- les tests sanguins et la signification des résultats

les traitements de soutien, y compris les transfusions sanguines et l'ablation de la rate • la manière dont les complications comme la surcharge en fer et la jaunisse sont gérées. Avec les 'FastTests' (petits tests) pour savoir comment les patients comprennent leur maladie et des espaces pour noter leurs remarques, cette ressource concise et facile à lire aidera les patients à s'organiser afin qu'ils soient mieux équipés pour poser les bonnes questions et avoir des discussions plus sérieuses concernant leur traitement. Enfin, il les aidera à prendre les meilleures décisions concernant leur prise en charge.

FAST FACTS: DÉFICIT EN PYRUVATE KINASE

SENSIBILISATION À CETTE MALADIE GÉNÉTIQUE RARE

Karger Medical and Scientific Publishers **Vous ne connaissez peut-être pas le déficit en pyruvate kinase (PK). C'est une maladie enzymatique héréditaire rare qui affecte la glycolyse utilisée par les globules rouges pour fabriquer de l'énergie. Elle se manifeste par une anémie hémolytique. Les symptômes varient énormément d'un individu à l'autre, ce qui rend le diagnostic difficile. Et la gestion de cette maladie consiste essentiellement en des traitements de soutien. Rédigé par des experts dans le domaine, 'Fast Facts : Déficit en pyruvate kinase' fournit une introduction complète de la maladie et donne des détails sur :** • l'anomalie sous-jacente • son mode de transmission et la relation entre le génotype et le phénotype • la manière dont la maladie se manifeste • les fondamentaux du diagnostic et la manière de différencier la maladie d'un groupe hétérogène d'anomalies hémolytiques • la surveillance et la gestion des complications qui peuvent se produire. 'Fast Facts : Déficit en pyruvate kinase' sera d'un intérêt essentiel pour les professionnels de santé, les hématologues, les oncologues, les pédiatres, les spécialistes en médecine interne, les infirmiers en hématologie et les étudiants en médecine... en fait à tous ceux qui souhaitent en savoir plus sur cette anomalie génétique rare.

FAST FACTS: MULTIPLE SCLEROSIS

Karger Medical and Scientific Publishers **Since the last edition of this book, 'no evidence of disease activity' (NEDA) has been proposed as a new treatment target, early data on the first pharmacological treatments for progressive MS have emerged, and the first remyelination trial has shown positive effects on nerve repair. It is with this sense of optimism that the authors of 'Fast Facts: Multiple Sclerosis' have detailed the latest developments for use in clinical practice by all members of the multidisciplinary team, including:** • a concise overview of investigations and modern diagnostic criteria • a holistic approach to all signs and symptoms, and proactive relapse management • the latest disease-modifying drugs, including when to treat, choice of drug and risk versus benefit. With case histories that will help to guide treatment decisions, discussion of the special considerations

for MS during pregnancy, and in children and the elderly, and a detailed outline of emerging therapies, this book will benefit all healthcare professionals involved in the care of patients with this complex disease.

FAST FACTS: BLEEDING DISORDERS

Karger Medical and Scientific Publishers **Most hemorrhagic problems are emergencies, requiring rapid diagnosis and prompt management to stop bleeding. In some cases, such as nose bleeds, large bruises and heavy menses, it is the clinician's responsibility to discern whether the patient has a clinically significant bleeding disorder that may predispose to excessive or potentially serious bleeding. 'Fast Facts: Bleeding Disorders' keeps a complex subject simple and clinically oriented. The authors have made numerous updates to this second edition to ensure it provides essential information in a readily accessible format. Highlights include:**

- An expert overview of normal hemostasis
- A clear assessment pathway, from taking an accurate history and focused clinical examination, to essential laboratory investigations
- Objective criteria for diagnosing hereditary hemorrhagic telangiectasia
- The latest guidelines on diagnosing and treating primary immune thrombocytopenia
- A discussion of the benefits of prophylaxis in patients with hemophilia
- Updated methods for evaluating and treating bleeding disorders in pregnancy
- An overview of the scoring system for disseminated intravascular coagulation
- Information on the latest anticoagulants and antithrombotics, including bleeding risks and strategies to control bleeding.

'Fast Facts: Bleeding Disorders' remains a comprehensive up-to-date reference that reflects the latest research and clinical guidelines. It will assist primary care providers, physician assistants, nurse-clinicians, pharmacists, residents and doctors in training as they confront the challenges of controlling bleeding in patients with hemophilia, von Willebrand disease, platelet disorders and thrombosis, or as a result of antithrombotic or anticoagulant therapy. It is a small book packed with important information, designed to swiftly improve patient treatment and outcomes. Contents:

- Normal hemostasis
- Assessment of bleeding symptoms
- Vascular purpuras
- Platelet disorders
- Pharmacological hemostatic products
- Hemophilia
- von Willebrand disease
- Uncommon congenital coagulation disorders
- Liver and kidney disorders
- Pregnancy
- Perioperative bleeding
- Disseminated intravascular coagulation
- Anticoagulants and antithrombotic agents
- Useful resources

FAST FACTS: IMMUNO-ONCOLOGY

2ND EDITION

Karger Medical and Scientific Publishers **The treatment of cancer has been revolutionized by therapies that modulate the immune system, with benefits for quality of life and survival. Standards of care have changed to**

reflect developments, but the area is moving fast. Keeping abreast of new therapies and trial data can be challenging. This second edition of 'Fast Facts: Immuno-Oncology' takes you from the fundamentals of immunology through to the new concepts of immunoediting and immunotherapy and likely future directions. Whether you have worked in oncology for decades and need a refresher or you are just starting out and need a crash course, this book provides all you need to know about immuno-oncology, concisely summarized. Table of Contents: • Components of the immune system • How cancers evade the immune system • How cancer immunotherapy works • Clinical use of immune checkpoint inhibitors • The future of immuno-oncology

FAST FACTS: PROSTATE CANCER

Karger Medical and Scientific Publishers Prostate cancer is unusual among solid tumors in that the majority of affected men die with, rather than of, the disease. This presents many challenges to healthcare professionals and patients in terms of deciding if, when and how to intervene in order to control tumor growth and spread, thereby extending survival but without compromising quality of life. This is the ninth edition of 'Fast Facts: Prostate Cancer' since 1996, testament to the rapid changes in the field and the steadily improving outlook for patients. This new edition provides many key updates: • the Gleason grade grouping, which has valuable prognostic value • nomograms to evaluate risk • our rapidly expanding understanding of the genetics and underlying pathogenesis of prostate cancer and the development of genomic tests to help identify those at greatest risk of developing clinically significant disease • the continuing debate about the role of PSA in the screening, detection and monitoring of prostate cancer • advances in imaging techniques, particularly multiparametric MRI, which is improving the accuracy of biopsy and reducing the numbers of negative biopsies • the roles of drugs, surgery and radiotherapy in the treatment of prostate cancer at different stages, and our ever-improving understanding of when and how best to intervene, aided by improving understanding of the risk factors for disease progression. Primarily intended for primary care providers, specialist nurses, junior doctors and allied healthcare professionals, this highly readable resource provides a comprehensive overview of prostate cancer, enabling fully informed discussions with patients about this complex disease. Contents: • Epidemiology and pathophysiology • Diet, lifestyle and chemoprevention • Screening and early detection • Diagnosis, staging and prognostic indicators • Management of clinically localized disease • Managing recurrence after initial therapy • Management of metastatic prostate cancer • Management of castrate-resistant prostate cancer • Survivorship and treatment complications

FAST FACTS: CHRONIC AND CANCER PAIN

Karger Medical and Scientific Publishers All health professionals, regardless of specialty, will care for patients with pain that has persisted for more than 6 months. This fully updated fourth edition of 'Fast Facts: Chronic and Cancer Pain', written by two internationally renowned experts in the field, is designed to bring busy health professionals up to speed with the latest information in this area, including:

- Easy-to-read overviews of pain mechanisms
- A practical approach to pain assessment
- Developments in stepped care and multimodal management
- The latest thinking on opioids

With health services around the world responding to calls to improve the management of painful long-term conditions, develop preventive and cost-effective solutions, and respond to patient choice and voice, this easy-to-read fact-packed book is essential reading for all GPs, nurses, junior hospital doctors, physical therapists, clinical psychologists, occupational therapists, pharmacists, medical specialists and medical students wanting - and needing - to know more. Contents:

- Definitions and mechanisms
- Assessment of pain
- Treatment options
- Trigeminal neuralgia
- Complex regional pain syndrome
- Diabetic and postherpetic neuropathic pain
- Central pain
- Persistent postsurgical pain
- Cancer pain
- Musculoskeletal pain
- Visceral pain
- Headache

FAST FACTS: MULTIPLE SCLEROSIS

5TH EDITION. A NEW ERA OF DISEASE MODIFICATION AND TREATMENT

Karger Medical and Scientific Publishers Multiple sclerosis (MS) is a leading cause of disability in young adults, carrying a considerable individual and societal economic burden. The development of disease-modifying therapies and updates to diagnostic criteria are leading us into a new era for MS management, both in the earliest disease phases and progressive MS. In this completely revised/fully updated edition of Fast Facts: Multiple Sclerosis, we present the most recent evidence on disease pathogenesis and all clinical aspects of the condition, as well as the latest on disease-modifying therapies and other potential treatments. Given the need for multidisciplinary management of MS, we have written this resource for the benefit of all health professionals involved in MS care. Table of Contents:

- Epidemiology and genetics
- Pathology
- The clinical picture
- Treatment of relapses and symptoms
- Disease-modifying treatment
- Emerging therapies
- Special MS populations
- Lifestyle considerations and the multidisciplinary team
- Advanced MS

FAST FACTS: IRRITABLE BOWEL SYNDROME

Karger Medical and Scientific Publishers This book provides all that the family doctor requires to successfully diagnose irritable bowel syndrome and to manage patients with confidence and sensitivity. Both authors are

renowned experts recognised not only for their contribution to our current understanding of functional bowel disorders but also for their clear and informative writing style. Includes all key information on causes and mechanisms, diagnosis and management. Offers invaluable tips on history taking and patient interaction. Succinct, expert presentation of the clinical application of the results of an abundance of recent research. An invaluable tool for the diagnosis and treatment of patients in the primary care setting. An insightful review of future developments in diagnosis and treatment including 'alternative' treatments. Contents: • What is IBS? • Epidemiology • Causes and mechanisms • Diagnosis; Approach to treatment • Dietary advice • Drug treatment • Psychological treatment • Future trends.

FAST FACTS: EARLY BREAST CANCER

Karger Medical and Scientific Publishers 'Fast Facts: Early Breast Cancer' provides a comprehensive overview of stage 0, I, II and IIIA disease, including the latest thinking on the risk of developing breast cancer and the value (or not) of screening, alongside the importance of clinical staging and triple assessment. Using clear diagnostic and management pathways, this practical resource covers: • the risks and benefits of neoadjuvant treatment • surgical and reconstruction options • the latest approach to radiotherapy • when and how to select the correct adjuvant therapy • guidelines for follow-up and rehabilitation. 'Fast Facts: Early Breast Cancer' is an invaluable resource that draws on current evidence to assist everyone working in breast cancer care improve patient outcomes.

FAST FACTS: SKIN CANCER

Karger Medical and Scientific Publishers Skin cancer is both preventable and treatable, yet it is becoming alarmingly common. The key to successful treatment (other than education and prevention) is early recognition and swift referral. 'Fast Facts: Skin Cancer' has been written by three international experts to equip healthcare professionals with the necessary skills to save lives. Highlights include: • Expert presentation of the basic facts on epidemiology, causation, presentation and management • Over 100 color illustrations to assist with the identification of at-risk individuals and early lesions • Pull-out tables of cancer staging for cutaneous squamous cell carcinoma and melanoma • Advice to give patients on self-examination • A thorough overview of all treatment options: topical therapies, cryotherapy, curettage and electrosurgery, photodynamic therapy and lasers, radiotherapy, surgical excision and Mohs micrographic surgery • Discussion of preventive measures This fully updated second edition is a practical evidence-based resource, written from an international perspective to reflect national and international guidelines. It will assist clinical practice, education, training, audit and research, and is essential reading for generalists and specialists alike. Contents: •

Epidemiology • Pathogenesis • Clinical features and diagnosis • Management • Prognosis • Prevention; Future trends

FAST FACTS: SCHIZOPHRENIA

Karger Medical and Scientific Publishers **Schizophrenia is a devastating disorder that starts in early life and can lead to lifelong disability. It is a major public health challenge for all cultures and all countries. Clinical practice must therefore focus on early intervention, optimal treatment, shared decision-making and long-term recovery. "By listening to patients' experiences, alongside the latest research, we now know much more about 'what works'," say the authors of this fully updated fourth edition of 'Fast Facts: Schizophrenia'. In this highly readable resource, they cover the present state of knowledge about the neurobiology, diagnosis and treatment of schizophrenia, including:**

- emerging evidence from genome-wide association studies for multiple susceptibility genes
- DSM-5 diagnostic criteria plus discussion of alternative classification systems
- a comprehensive review of drug and non-drug treatment strategies and how to improve adherence
- a new management principles chapter that emphasizes the importance of coordinated multidisciplinary care
- the latest findings of structural and functional imaging studies. With good care delivered by knowledgeable compassionate health professionals, many people will recover at least partially from their first episode of psychosis and live a fulfilling life. Written from an international perspective, 'Fast Facts: Schizophrenia' will refresh and update family physicians, psychiatrists in training, mental health nurses and medical students - in fact, all health professionals - who need to know about the disorder and need to know it quickly. Contents:

- A brief history
- Symptoms and diagnosis
- Epidemiology: risk factors and outcome
- Genetics
- Developmental theories and environmental factors
- Neuroanatomy and structural imaging
- Neuropsychology and functional imaging
- Neurochemistry
- Management principles
- Pharmacological treatment
- Psychosocial interventions and non-drug treatment
- Early intervention and prevention
- Useful resources

FAST FACTS: OBESITY

Karger Medical and Scientific Publishers **Not to broach the subject of excess weight with a patient is a dereliction of duty as a healthcare professional, say the authors of 'Fast Facts: Obesity'. "Patients who smoke are rapidly identified for intervention, and the same should be true of anyone who is obese". Every consultation is an opportunity to educate and encourage patients to pursue better health. 'Fast Facts: Obesity' is packed with practical advice on how best to support patients to improve their nutrition and levels of physical activity, and change their habits, with simple and achievable goals tailored to individual needs and concerns. This highly readable handbook also provides a comprehensive overview of:**

- the

causes and consequences of obesity • the latest information on pharmacological and surgical options • the issues specific to the management of obesity in children, pregnant women and the elderly. The authors say: “The opportunity to educate others and exert influence can be leveraged at many levels, even with limited amounts of time.” Reading 'Fast Facts: Obesity' is an excellent starting point for any healthcare professional who wants to understand this major threat to human health and ultimately improve outcomes. Contents: • Patient assessment • Causes and science • Cardiometabolic consequences • Other consequences • Management: diet • Management: physical activity • Management: behavioral therapy • Pharmacological and surgical treatments • Children, the elderly and pregnant women • Management tools, prevention and advocacy • Useful resources • The health risks of excess weight figure

FAST FACTS: ECZEMA AND CONTACT DERMATITIS

Karger Medical and Scientific Publishers Eczema can affect patients of all ages and few people are not affected to some degree at some point in their lives. Swift and accurate diagnosis coupled with the appropriate treatment regime is essential to avoid undue distress and suffering. 'Fast Facts: Eczema and Contact Dermatitis' is a concise, structured guide to the etiology, diagnosis and treatment of the various forms of eczema and contact dermatitis. Directed to the primary care physician, specialist nurse and other healthcare professionals, this is a concise and practical text written by experts. Superb illustrations and informative tables support an evidence-based approach which can be applied immediately for the benefit of patients in the clinical setting. • Succinctly and clearly summarises the clinical manifestations of eczema and contact dermatitis and the various treatment options • Clearly and concisely presented information supported by excellent illustrations • Contains all core information required by the primary healthcare team • Ideal text for medical students and trainee dermatologists Contents: • Allergic contact dermatitis • Irritant contact dermatitis • Atopic eczema • Photosensitive eczema • Seborrheic eczema • Hand and foot eczema • Other forms of eczema • Future trends • Useful resources

FAST FACTS: BIOSIMILARS

Karger Medical and Scientific Publishers Biosimilars have been in clinical use for more than 10 years, and evidence from more than 700 million patient-days' exposure shows that approved biosimilars can be used as safely and effectively as their originator biologics. And yet concerns about these drugs persist, particularly in therapy areas where they are recent additions to the formulary. It is vital to address these concerns so that clinicians can prescribe biosimilars with confidence, realizing substantial cost savings and improving patient access to effective treatments. 'Fast Facts: Biosimilars' provides a comprehensive yet concise explanation of

biosimilars: what they are, how they are regulated, and how they are used in clinical practice. It is ideal for healthcare professionals and decision makers who want to understand biosimilars and the key concerns and controversies around these valuable products. Contents: 1 - An introduction to biologics and biosimilars 2 - Why do we need biosimilars? 3 - How is the quality of biosimilars assured? 4 - How is the efficacy and safety of biosimilars ensured? 5 - What has been the experience with biosimilars to date? 6 - The future of biosimilar medicines 7 - How do I use biosimilar medicines?

FAST FACTS: DEFICIT DI PIRUVATO CHINASI PER PAZIENTI E SOSTENITORI

UNA RARA MALATTIA GENETICA CHE COLPISCE I GLOBULI ROSSI INFORMAZIONI + ASSUNZIONE DEL CONTROLLO = MIGLIORE RISULTATO

Karger Medical and Scientific Publishers Il deficit di piruvato chinasi è una rara malattia genetica che provoca la distruzione dei globuli rossi. Malgrado la crescente comprensione della malattia, numerosi medici non ne hanno ancora sufficiente familiarità e le informazioni disponibili per i pazienti sono limitate. Questo manuale, dotato di illustrazioni straordinariamente curate, è concepito per aiutare i pazienti ad acquisire le migliori informazioni sulla loro condizione, al fine di migliorare i colloqui con i medici e gli infermieri. Fornisce spiegazioni semplici ma dettagliate su quanto segue: • quale ruolo svolgono i globuli rossi e cosa accade nel deficit di piruvato chinasi • in che modo viene trasmessa la malattia • quali sono gli effetti della malattia sui pazienti • quando e come eseguire le analisi del sangue e significato dei relativi risultati • quali sono i trattamenti di supporto, tra cui trasfusioni di sangue e asportazione chirurgica della milza • come vengono trattate le complicanze, ad es. sovraccarico di ferro e ittero. Grazie ai FastTest, i test rapidi che consentono di verificare la comprensione dei pazienti della malattia di cui soffrono, e all'ampio spazio per prendere appunti, questo opuscolo conciso e di facile lettura aiuta i pazienti a organizzarsi, consentendo loro di acquisire tutte le informazioni necessarie per porre le domande giuste e avere colloqui più significativi sul loro trattamento. In ultima analisi, li aiuterà a prendere le decisioni migliori sulla cura da seguire.

FAST FACTS: PERIPHERAL T-CELL LYMPHOMA

Karger Medical and Scientific Publishers The peripheral T-cell lymphomas (PTCLs) are a heterogenous group of rare entities. Whilst cytogenetic and molecular identifiers are being identified, accurate diagnosis remains challenging, requiring careful, expert integration of the clinical and pathological findings. The treatment of PTCL is also challenging. Protocols for the different subtypes are only just beginning to emerge, hindered by

the complexities of conducting trials in such uncommon and varied conditions. While first-line treatment with conventional chemotherapy is seldom curative, patients who achieve remission may be eligible for stem cell transplantation, offering the possibility of long-term disease control if not cure. Targeted biologics are also being developed as unique cytotoxic markers are identified. 'Fast Facts: Peripheral T-Cell Lymphomas' is a new title in the Fast Facts extensive hemato-oncology library, written by experts in this emerging field. This handbook will be useful to anyone involved in the care of patients with PTCL, including haematologists, oncologists, specialist nurses and primary care providers, raising awareness of these rare lymphomas and the current - and emerging - approaches to diagnosis and treatment.

FAST FACTS: LES TROUBLES D'OXYDATION DES ACIDES GRAS À CHAÎNE LONGUE

COMPRENDRE, IDENTIFIER ET AIDER

Karger Medical and Scientific Publishers Les troubles d'oxydation des acides gras à chaîne longue (TOAG-CL) sont des maladies héréditaires rares. Les TOAG-CL font en sorte que le corps a de la difficulté à convertir les acides gras en énergie, ce qui peut mener à des symptômes tels qu'un taux de sucre sanguin trop bas, des douleurs ou des faiblesses musculaires, et des problèmes cardiaques. Les TOAG-CL sont diagnostiqués à l'aide de tests de dépistage chez les nouveau-nés, ou plus tard, suite à des symptômes. On les traite avec un régime spécialisé et en évitant le jeûne, surtout quand la personne atteinte est malade. Une personne avec un TOAG-CL peut mener une vie bien remplie, saine et active en apportant des changements à son style de vie, en étroite coordination et avec le soutien de son équipe de soins de santé. Table des matières: • Métabolisme des acides gras • Épidémiologie et génétique • Présentation clinique • Diagnostic • Consultation génétique, dépistage néonatal et soutien aux patients

COLLEGE PHYSICS REVIEW: QUICK STUDY FAST FACTS

QUICK STUDY REVIEW NOTES FOR STUDENTS

Examville Study Guides Learn and review on the go! Use Quick Review Physics Study Notes to help you learn or brush up on the subject quickly. You can use the review notes as a reference, to understand the subject better and improve your grades. Easy to remember facts to help you perform better. Use typical multiple choice questions to quickly solidify your knowledge. Perfect study notes for all high school, health sciences, premed, medical and nursing students.

FAST FACTS: BIOSIMILARES

BIOLÓGICOS Y BIOSIMILARES - ¿SON LO SUFICIENTEMENTE SIMILARES?

Karger Medical and Scientific Publishers Los biosimilares han estado en uso clínico durante más de 10 años, y la evidencia de exposición de más de 700 millones de días-paciente muestra que los biosimilares aprobados pueden usarse de manera tan segura y efectiva como sus productos biológicos originales. Y sin embargo, persisten las preocupaciones sobre estos medicamentos, especialmente en las áreas terapéuticas donde han sido recientemente incluidos a los formularios. Es de vital importancia abordar estas inquietudes para que los médicos puedan prescribir los biosimilares con confianza, dándose cuenta de los ahorros en costos y mejorando el acceso de los pacientes a tratamientos eficaces. 'Fast Facts: Biosimilares' proporciona una explicación completa pero concisa de los biosimilares: qué son, cómo se regulan y la forma en que se utilizan en la práctica clínica. Es ideal para los profesionales de la salud y tomadores de decisiones que desean comprender a los biosimilares y las principales preocupaciones y controversias en torno a estos valiosos productos.

DIPROSE'S ANNUAL BOOK OF FUN, FACTS & FICTION [AFTERW.] DIPROSE'S ANNUAL

FAST FACTS: THYROID DISORDERS

Karger Medical and Scientific Publishers Abnormalities of thyroid function rival diabetes mellitus in terms of prevalence and can affect any system in the body. In the UK and North America it is estimated that palpable thyroid nodules are present in 1 in 20 of the population, and in the UK alone 20,000 tests are carried out each year in clinical chemistry laboratories. Thus, all doctors can expect to encounter thyroid disease in one form or another. Thyroid disorders are generally very responsive to treatment, but there are traps for the unwary - not least because of the frequent atypical presentations and the widespread prevalence of subclinical disease. 'Fast Facts: Thyroid Disorders' is written by two leading experts of international standing who share a wealth of clinical and research experience. The text, which is comprehensively illustrated to make core clinical information easily accessible, is a concise and practical guide for all who manage patients with these common conditions. • A concise guide to the recognition of thyroid disorders and the selection of appropriate thyroid function tests • Provides expert advice on when to test, when to treat and when to refer, ensuring rapid initiation of appropriate therapy • Highlights the particular challenges posed by thyroid disease during pregnancy • Covers the management of thyroid eye conditions • Sound, dependable advice for the healthcare team and patient in coping with these common conditions Contents: • Glossary • Introduction • Thyroid physiology and function tests • Hyperthyroidism: etiology and presentation • Hyperthyroidism: diagnosis and management • Hypothyroidism: etiology

and presentation • Hypothyroidism: diagnosis and management •
Pregnancy and the thyroid • Thyroid nodules and thyroid cancer

NIV, FAST FACTS BIBLE

FASCINATING TRIVIA FROM THE MOST READ BOOK IN HISTORY

Zondervan This Bible is designed to creatively engage Bible readers who have a passion for finding out interesting facts about the Bible. It features unique Bible book introductions that point to fascinating details that can be found in each of the Bible's 66 books. At the end of each book is a full page of intriguing questions that will drive readers back into the text to discover the answers for themselves.

FAST FACTS: DYSPEPSIA

Karger Medical and Scientific Publishers **Dyspepsia is very common in the western world and, in addition to the considerable discomfort caused to sufferers, carries with it enormous economic and social consequences. The bulk of the responsibility for diagnosis and subsequent management falls to the primary healthcare physician and other members of the healthcare team. 'Fast Facts: Dyspepsia' is an expert guide to the causes, diagnosis and management of each condition for this specific group. • A concise presentation of practical, up-to-date information on the etiopathogenesis, diagnosis and management of dyspepsia focusing on current drug therapy • Excellent review of presenting features, organic and functional causes, management and treatment options and possible future developments • Excellent tables and illustrations support core clinical description • A timely and accessible text for primary care physicians and specialist nurses who frequently manage this common condition Contents: • Approaching uninvestigated dyspepsia • Gastroesophageal reflux disease • Helicobacter pylori • Peptic ulcer • Carcinoma of the esophagus and stomach • Functional dyspepsia; Future trends**

FAST FACTS POUR LES PATIENTS: LES TROUBLES D'OXYDATION DES ACIDES GRAS À CHAÎNE LONGUE

Karger Medical and Scientific Publishers **Les troubles d'oxydation des acides gras à chaîne longue (TOAG-CL) sont des maladies héréditaires rares. Les TOAG-CL font en sorte que le corps a de la difficulté à convertir les acides gras en énergie, ce qui peut mener à des symptômes tels qu'un taux de sucre sanguin trop bas, des douleurs ou des faiblesses musculaires, et des problèmes cardiaques. Les TOAG-CL sont diagnostiqués à l'aide de tests de dépistage chez les nouveau-nés, ou plus tard, suite à des symptômes. On les traite avec un régime spécialisé et en évitant le jeûne, surtout quand la personne atteinte est malade. Une personne avec un TOAG-CL peut mener une vie bien remplie, saine et active en apportant des changements à son style de vie, en étroite coordination et avec le soutien de son équipe de**

soins de santé. Table des matières: • Les lipides et les acides gras • Les acides gras comme source d'énergie • Les troubles d'oxydation des acides gras à chaîne longue • Diagnostic • Tests génétiques • Vivre avec un TOAG-CL • Surveillance et suivis • Que puis-je faire pour aider mon enfant • Consultation génétique • Combien de personnes en sont atteintes?

FAST FACTS FOR THE L&D NURSE, SECOND EDITION

LABOR AND DELIVERY ORIENTATION IN A NUTSHELL

Springer Publishing Company Nurses who are new to the labor and delivery (L&D) environment will welcome this newly updated, succinct, easy-to-use orientation guide for everyday labor and birth management practices. It is designed for speedy access to fundamental information about the most common L&D procedures and encourages the development of independence and confidence for new RNs orienting to this practice environment. The second edition has been revised to include new and updated practice guidelines for cesarean delivery, episiotomy, labor pain management, postpartum hemorrhage, preterm labor and birth, shoulder dystocia, umbilical cord blood storage, vaginal delivery, and breastfeeding. A completely new entry addresses meconium aspiration syndrome and two new appendices feature quick-reference charts and tables and an alphabetical synopsis of pertinent drug-related information. New illustrations depict and facilitate understanding of effacement and dilation of cervix, breech presentation and delivery, umbilical cord prolapse, placental abruption, and other topics. Designed to fit in a pocket, the resource provides clear, step-by-step descriptions of commonly occurring practices and procedures in bulleted format. It covers L&D terminology, equipment, labs, medications, complications, and algorithms to help foster critical thinking and establish a concrete knowledge base. The book highlights potential OB complications and is full of examples and pearls of wisdom concerning the handling of emergencies and unexpected outcomes. New to the Second Edition: A completely new entry on meconium, with information on meconium aspiration syndrome New quick-reference charts and tables (Apgar score, Bishop score, drug tables, and more) New illustrations for labor and delivery protocol Key Features: Provides speedy access to fundamental L&D information Presents succinct, step-by-step descriptions of commonly occurring procedures

FAST FACTS FOR THE CARDIAC SURGERY NURSE

EVERYTHING YOU NEED TO KNOW IN A NUTSHELL

Springer Publishing Company Print+CourseSmart

FAST FACTS: RHEUMATOID ARTHRITIS

Karger Medical and Scientific Publishers This thoroughly updated second edition of 'Fast Facts: Rheumatoid Arthritis' provides an easy-to-read overview of

how the condition is thought to develop and how it is diagnosed, monitored and treated. Written by two leading UK and US rheumatologists, it covers the many recent developments in this field, including: • Recently published classification criteria • The emerging role of anti-CCP autoantibodies • The latest developments in ultrasound and MRI • The association between RA and cardiovascular disease and lung disease • New concepts of undifferentiated arthritis and treatment to remission • The importance of early referral and new biological therapies 'Fast Facts: Rheumatoid Arthritis' provides a well-referenced international perspective on this condition. It is a 'must read' for all healthcare professionals caring for patients with this debilitating inflammatory joint disease. Contents: • The normal joint • Etiology • Pathogenesis • Epidemiology • Clinical features • Investigation • Assessment • Management - traditional measures • Management - biological therapies • Therapeutic developments

FAST FACTS: DIAGNOSING CUTANEOUS T-CELL LYMPHOMA

Karger Medical and Scientific Publishers Cutaneous T-cell lymphoma (CTCL) is one of the 'great mimickers'. To be certain of the diagnosis, there must be clear correlation between the pathological and clinical findings, making collaboration between clinicians and pathologists essential. Knowing the patient's history, lesion description and diagnostic work-up will help the pathologist make a more informed decision with respect to the histopathology under the microscope. Likewise, understanding the terminology used in the pathology report will improve the clarity of the clinician's diagnosis. 'Fast Facts: Diagnosing Cutaneous T-Cell Lymphoma' is designed to help primary care providers, dermatologists and pathologists speak the same language. With over 100 superb clinical and pathological images, this concise, practical handbook will ensure clear communication with respect to the clinical presentation, histopathology and immunophenotyping of: • early and advanced mycosis fungoides and its variants • Sézary syndrome • other non-mycosis fungoides CTCLs. It is therefore essential reading for all pathologists, non-specialist clinicians and dermatology trainees.

FAST FACTS: NON-SMALL-CELL LUNG CANCER

Karger Medical and Scientific Publishers Rapid developments in the classification, screening and treatment of non-small-cell lung cancer (NSCLC) are improving outcomes for patients with the disease. This insightful guide is designed to bring you up to speed with recent advances, including: • the latest CT-based screening and interval growth imaging techniques • proposed changes to the TNM classification system • the increasing trend for minimally invasive and lung-sparing surgery • stereotactic radiation for early-stage tumors • new targeted therapies • breakthroughs in personalized medicine. Today's developments will change tomorrow's standards of care. 'Fast Facts: Non-Small-Cell Lung Cancer' is

important reading for all health professionals and medical trainees working in this fast-moving area.

FAST FACTS: HEART FAILURE

Karger Medical and Scientific Publishers **Effective new treatments - from drugs to surgery to devices - are revolutionizing both outcome and wellbeing in patients with heart failure. Written with the non-specialist in mind, this practical resource distills a lot of complex information into a refreshingly readable format, with clear informative diagrams and useful pull-out tables. Highlights include:**

- a concise discussion of the pathophysiological mechanisms that lead to heart failure
- a detailed review of the causes and comorbidities of heart failure
- simple advice on diagnosis and investigation
- clear management principles, including healthy lifestyle choices for patients
- evidence-based guidance on first- and second-line drug therapies and medical management that targets the underlying cause
- a comprehensive overview of non-pharmacological treatment options, including devices and transplantation
- important information on palliative care in end-stage heart failure.

'Fast Facts: Heart Failure' is the ideal resource for primary care providers, specialist nurses and cardiology trainees, and a good introduction to heart failure for all healthcare professionals who care for the elderly. Contents:

- Definitions and epidemiology
- Pathophysiology and clinical stages
- Causes
- Comorbidities
- Diagnosis
- General management and lifestyle considerations
- Pharmacological treatment
- Non-pharmacological treatment
- Prognosis
- Clinical trials and developments
- Useful resources

FAST FACTS: HYPERLIPIDEMIA

BRINGING CLARITY TO LIPID MANAGEMENT

Karger Medical and Scientific Publishers 'Fast Facts: Hyperlipidemia' is a crisp and accurate summary of lipid disorders, with clear language and illustrations. Directed at a broad range of healthcare professionals, from primary care physicians to specialists, this updated sixth edition addresses the importance of considering lipoprotein particles, not just their lipids. The renowned authors, acknowledging the confusion surrounding the place of statins, carefully unpick clinical trial evidence and discuss guideline recommendations. The result is a clear and logical approach to the management of hyperlipidemia. Table of Contents:

- Lipids and lipoprotein particles
- Epidemiology and pathophysiology
- Familial hypercholesterolemia
- Polygenic hypercholesterolemia and combined hyperlipidemia
- Hypertriglyceridemia
- Familial dysbetalipoproteinemia
- Dyslipidemia in insulin resistance, the metabolic syndrome and diabetes mellitus
- Secondary hyperlipidemia
- Dietary treatment
- Drug treatment
- When to treat
- Biochemical tests

FAST FACTS: MYELOFIBROSIS

REVIEWED BY PROFESSOR RUBEN A. MESA

Karger Medical and Scientific Publishers **Myelofibrosis is a myeloproliferative neoplasm that has markedly heterogeneous features. The clinical phenotype can range from initial indolent presentation, which may be stable for many years, through to marked cytopenias, debilitating constitutional symptoms, massive splenomegaly and an inherent risk of leukemic transformation. Despite many advances regarding molecular classification, prognostication models and therapeutic options over the last few decades, allogeneic stem cell transplantation remains the only curative option, yet is suitable only for a minority of patients. 'Fast Facts: Myelofibrosis' is written for health professionals by two leading experts in the field, and provides up-to-date guidance on its accurate diagnosis, risk stratification and management. It also provides key insights into the molecular biology underpinning the disease. This concise handbook is an indispensable read for anyone wanting to get up to speed with best practice in the diagnosis and care of people with myelofibrosis. Table of Contents:**

- Presentation, classification and epidemiology
- Molecular biology and pathogenesis
- Clinical assessment and diagnosis
- Prognostic models
- Treatment approaches
- Allogeneic stem cell transplantation
- Management of blast-phase myelofibrosis
- Therapies in development

FAST FACTS: SPECIFIC LEARNING DIFFICULTIES

Karger Medical and Scientific Publishers **As more and more children present to family physicians with learning and attention problems, the overlap between the concerns of health and education professionals can become confused. Furthermore, dyslexia, developmental coordination disorder and attention deficit hyperactivity disorder often occur together, with each other and with oppositional defiant disorder, conduct disorder, Asperger's syndrome or obsessive-compulsive disorder. 'Fast Facts: Specific Learning Difficulties' is a practical guide for family physicians, specialist nurses and other healthcare professionals whose role it is to help and treat patients and their carers. It reviews five learning and behavioural problems addressing four questions for each:**

- What is the disorder, including its core symptoms and signs, what is its incidence and prevalence, and what is known about its cause?
- What are the criteria for this disorder as specified by the Diagnostic and Statistical Manual of Mental Disorders 4th Edition?
- Who assesses and diagnoses this disorder, and how?
- What are the treatments for this disorder, and how?
- What are the treatments for this disorder, including management at home and in school?

This is an applied and practical guide which will clarify and enhance the role of the primary care physician in the treatment and management of these disorders.

Contents:

- General issues of diagnosis and treatment
- Dyslexia (reading disability)
- Developmental coordination disorder (dyspraxia)
- Attention

deficit hyperactivity disorder • Oppositional defiant disorder and conduct disorder • Asperger's syndrome • Obsessive-compulsive disorder • Future trends

FAST FACTS: CHEMOTHERAPY-INDUCED NAUSEA AND VOMITING

Karger Medical and Scientific Publishers Few side effects of cancer treatment are more feared by patients than nausea and vomiting. Failure to control these symptoms on the first day of chemotherapy increases the risk of them occurring on subsequent days and in subsequent cycles of chemotherapy, and can often result in patients refusing further cancer treatment. Very effective antiemetics are available to prevent this from happening, but do you know how best to use them? 'Fast Facts: Chemotherapy-Induced Nausea and Vomiting' presents the evidence for the clinical agents that can prevent CINV, along with the recommendations for their use in various clinical settings using recently established international guidelines. Correct administration of prophylactic antiemetics in relation to the emetogenicity of the chemotherapy being given not only improves patients' quality of life during treatment but also adherence to subsequent cancer treatments, thus improving overall outcomes. This refreshingly readable handbook is therefore a must-read resource for all health professionals in a position to make this kind of a difference. Contents: • Definitions and pathophysiology • Types of CINV and risk factors • Antiemetic agents • Prevention and management of acute and delayed CINV • Treatment of breakthrough, refractory and anticipatory CINV • Prevention and treatment of chemotherapy-induced nausea • Barriers and opportunities in CINV management

FACT MASTERY MULTIPLICATION & DIVISION, GRADES 3 - 4

IMPROVE AUTOMATICITY AND ACCURACY OF BASIC FACTS WITH THINKING STRATEGIES, SEQUENTIAL PRACTICE PAGES, EASY-TO-PLAY PARTNER GAMES, AND TIMED TESTS

Key Education Publishing Make math matter to students in grades 3-4 using **Fact Mastery: Multiplication and Division!** This 176-page book teaches students fundamental facts that prepare them for algebra. It includes more than 45 half-page activities; specific chapters on facts for products and quotients up to 25, 49, and 81; 58 timed tests for reinforcing the facts; 15 skill-building partner games; and 16 pretest and posttest assessment tools. The book supports NCTM standards.

FAST FACTS: BLADDER CANCER

Karger Medical and Scientific Publishers Our understanding of the biology of bladder cancer has advanced remarkably since the second edition of 'Fast Facts: Bladder Cancer' was published in 2006. Five new immunotherapies targeting the PD-1 axis were approved in 2016 and 2017 for the treatment

of advanced bladder cancer, reflecting this transformative explosion in knowledge about the biology of the disease. This new era of targeted treatment offers hope to patients, particularly those with advanced disease. However, for clinicians it means a lot to understand in terms of how these immunotherapies are integrated into the treatment paradigm. Who they are suitable for? When are they best used? What is the optimal sequence of treatments for individual patients? This third edition of 'Fast Facts: Bladder Cancer' has been updated extensively throughout by two new authors, bringing a fresh perspective. Key updates include: • the latest understanding of pathology and biology • current standards for investigation, imaging and diagnosis • the critical role that awareness of the significance of hematuria among patients and primary care health professionals can make to earlier detection at curable stages of the disease • the roles of drugs, surgery and radiation therapy in treatment at different stages of bladder cancer, and when and how best to intervene, aided by understanding of the risk factors for disease relapse and progression • a new chapter about immunotherapy for bladder cancer • future trends in a rapidly evolving field. 'Fast Facts: Bladder Cancer' is a concise guide that will be of value to clinicians and health professionals involved in the detection and treatment of bladder cancer. This highly readable resource provides a comprehensive and current view of this complex disease, enabling informed discussions with patients. Contents: • Epidemiology and etiology • Pathology and biology • Clinical presentation • Investigations • Management of non-muscle-invasive disease • Management of muscle-invasive disease • Management of advanced and metastatic disease • Immunotherapy • Future trends • Useful resources

FAST FACTS: MULTIPLE MYELOMA AND PLASMA CELL DYSCRASIAS

Karger Medical and Scientific Publishers Our understanding of multiple myeloma (MM) is growing at a formidable pace, particularly in terms of risk factors and potential drug targets. Minimal residual disease (MRD) negativity is set to become the new benchmark in treatment, and cytogenetic analysis is now paving the way for personalized therapies. This second edition of 'Fast Facts: Multiple Myeloma and Plasma Cell Dyscrasias' includes: - the new IMWG SLiM CRAB criteria - the latest advances in diagnostic tests and imaging - cytogenetics and genetic profiling - induction therapy prior to SCT - new lenalidomide- and bortezomib-based regimens - second-generation proteasome inhibitors, histone deacetylase inhibitors and monoclonal antibodies treatments. This Fast Facts handbook provides a comprehensive overview of MM and other plasma cell dyscrasias, from bench to bedside, presenting the pathogenesis, diagnosis and treatment in the context of daily clinical practice. Contents: • Epidemiology and etiology Predisposing conditions associated with MM • Pathophysiology of MM and MGUS • Diagnosis, staging and monitoring of multiple myeloma • Genetics and multiple myeloma • Treatment of newly diagnosed multiple myeloma •

Stem cell transplantation in multiple myeloma • Relapsed and refractory multiple myeloma • Bone disease and renal complications • AL amyloidosis • Rare plasma cell dyscrasias • Supportive care

ADVANCED PRACTICE PALLIATIVE NURSING

Oxford University Press **Advanced Practice Palliative Nursing** is the first text devoted to advanced practice nursing care of the seriously ill and dying. This comprehensive work addresses all aspects of palliative care including physical, psychological, social, and spiritual needs. Chapters include: symptoms common in serious illness, pediatric palliative care, spiritual and existential issues, issues around the role and function of the advanced practice nurse (APN), reimbursement, and nursing leadership on palliative care teams. Each chapter contains case examples and a strong evidence base to support the highest quality of care. The text is written by leaders in the field and includes authors who have pioneered the role of the advanced practice nurse in palliative care. This volume offers advanced practice content and practical resources for clinical practice across all settings of care and encompassing all ages, from pediatrics to geriatrics.