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### KEY=MANUALS - MOORE EDWARD

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**Through the Looking-Glass** Courier Corporation In a fantastic land where everything is reversed, Carroll's inquisitive heroine finds herself a pawn in a bizarre chess game involving Humpty Dumpty, Tweedledum and Tweedledee, and other amusing nursery-rhyme characters. Features 50 illustrations. **The English Language From Sound to Sense** Parlor Press LLC Grounded in linguistic research and argumentation, *THE ENGLISH LANGUAGE: FROM SOUND TO SE01* General/tradeE offers readers who have little or no analytic understanding of English a thorough treatment of the various components of the language. Its goal is to help readers become independent language analysts capable of critically evaluating claims about the language and the people who use it. **Documentary History of Education in Upper Canada: 1790-1830** High Energy Workouts Mason Crest Publishers "As you would imagine, a high-energy workout's primary defining trait lies in the name. They can be at a gym, outside, or in your own home, but they always feature an upbeat instructor leading a group. The instructor's role is fourfold: to dictate the exercises in the workout, demonstrate and encourage correct form, keep you motivated, and make sure you stay safe. Depending on the size of the group and workout space, that can be a tall ask! That's why good high-energy workouts include some help. For example, almost all of them are set to energetic, upbeat music. First of all, music provides motivation! Multiple studies show that exercising to music you enjoy increases work rate. These beats also keep the rhythm, so you're in step with the person next to you, helping everyone move at the same rate. This effect helps eliminate common issues when working out in a confined space, such as running into each other or getting accidentally kicked. Some high-intensity workouts even happen on stationary equipment, eliminating this issue entirely"-- **I Loved a Rogue The Prince Catchers** Harper Collins In the third in Katharine Ashe's Prince Catchers series, the eldest of three very different sisters must fulfill a prophecy to discover their birthright. But if Eleanor is destined to marry a prince, why can't she resist the scoundrel who seduced her? She can pour tea, manage a household, and sew a modest gown. In short, Eleanor Caulfield is the perfect vicar's daughter. Yet there was a time when she'd risked everything for a black-eyed gypsy who left her brokenhearted. Now he stands before her—dark, virile, and ready to escort her on a journey to find the truth about her heritage. Leaving eleven years ago should have given Taliesin freedom. Instead he's returned to Eleanor, determined to have her all to himself, tempting her with kisses and promising her a passion she's so long denied herself. But if he was infatuated before, he's utterly unprepared for what will happen when Eleanor decides to abandon convention—and truly live . . . **PHP & MySQL: The Missing Manual** "O'Reilly Media, Inc." If you can build websites with CSS and JavaScript, this book takes you to the next level—creating dynamic, database-driven websites with PHP and MySQL. Learn how to build a database, manage your content, and interact with users. With step-by-step tutorials, this completely revised edition gets you started with expanded coverage of the basics and takes you deeper into the world of server-side programming. The important stuff you need to know: Get up to speed quickly. Learn how to install PHP and MySQL, and get them running on both your computer and a remote server. Gain new techniques. Take advantage of the all-new chapter on integrating PHP with HTML web pages. Manage your content. Use the file system to access user data, including images and other binary files. Make it dynamic. Create pages that change with each new viewing. Build a good database. Use MySQL to store user information and other data. Keep your site working. Master the tools for fixing things that go wrong. Control operations. Create an administrative interface to oversee your site. **Follow Me The Hidden Lamp Stories from Twenty-Five Centuries of Awakened Women** Simon and Schuster Shares several stories of Buddhist women from all over the world and across time along with commentary on the lessons their stories have to offer. **Milk Production and Processing** Daya Publishing House The book covers various aspects of dairying and milk products such as dairy farm establishment, management, production and utilisation of various dairy products. Information has been included on various aspects of dairy farming starting with selection and purchase of dairy cattle, their care and management, with respect to housing, feeding, breeding and health care during various physiological states such as growth, pregnancy and lactation and during different seasons. Details of health care management along with common diseases have been covered with all information required for educated farmers and technicians working in these areas. Various means for consistent improvement of the stock has also been included. Production of clean milk, its procurement, processing and distribution has been covered with more emphasis on common processing technologies such as pasteurisation and sterilisation. Different forms of liquid milk available in the market has been described along with its standards and other specifications for the knowledge of common man and technicians. Manufacturing methods of milk products have been included with appropriate flow chart wherever required and various categories of milk products have been covered in detail under different chapters under milk products. This book has been prepared with emphasis on second year syllabus of Vocational higher secondary course on milk products and dairying and considering the lack of a suitable textbook for this subject. Hence the book is expected to fill the gap of a textbook for the above said and similar courses. Also the book may be accepted as a textbook/manual for educated farmers, other teaching and training programmes covering similar syllabus like that of dairy farm instructors and as a handbook for Veterinary Students and Dairy Extension Officers. With these introductory notes, we presume that the book will satisfy its readers' requirements and form a valuable textbook/reference book for all those concerned with dairy animal production and utilisation of their products ultimately benefiting the farming community. **ABC ABC's Honey Bear Books** ABC's, First Words, Numbers and Shapes, Colors and Opposites including a special note to parents. Children will enjoy hours of learning fun in each 32-page bi-lingual book. All four books are designed specifically to teach and reinforce basic concepts for preschool through early elementary school children. **Haiti 12 January 2010** De.Mo A unique, arresting and versatile document of the traumatic earthquake which hit Haiti in 2010 and its aftermath. Encased in a cardboard box, the project comprises 16 unbound

posters and a map page which draws attention to the epicentre and its rippling impact on the population of the island. The unique format allows the viewer to absorb each page individually or to hang the entire project. The visual testimony to the events of the first days after the event are provided by award-winning photographer Ron Haviv and the essay by esteemed writer Simon Winchester. **It's a Small World** eStar Books For two tiny, bewildered people, it was a struggle for survival in a world of toys

**Becoming a Personal Trainer For Dummies** John Wiley & Sons Love helping other people improve their physical fitness? Become a certified trainer, start your own business, and grow your client base with this user-friendly and practical guide Want to turn your passion for fitness into a lucrative career? Each year, more than 5 million Americans use personal trainers to take their workouts to the next level—and this plain-English guide shows you how to get in on the action. Whether you want a part-time job at the gym or a full-time personal training business, you'll find the practical, proven advice you need in *Becoming a Personal Trainer For Dummies*. If you want to become a certified personal trainer and start your own business—or if you're a certified trainer looking to grow your existing practice—you're in the right place. This practical guide has a thorough overview of what it takes to get certified and run a successful business, complete with expert tips that help you: Find your training niche Study for and pass certification exams Attract, keep, and motivate clients Interview, hire, and manage employees Update your training skills Expand your services A user-friendly guide with unique coverage of personal trainer certification programs, *Becoming a Personal Trainer For Dummies* includes tips on selecting the right program and meeting the requirements. You'll learn to develop your training identity as well as practice invaluable skills that will make you a great personal trainer. Inside you'll discover how to: Choose the right fitness equipment, for you and your clients Create a business plan, a record-keeping system, and a marketing campaign Perform fitness assessments Develop individualized exercise programs Advance your clients to the next fitness level Manage legal issues and tax planning Train clients with special needs Complete with ten ideas to expand your services (such as adding workshops or selling equipment or apparel) and a list of professional organizations and resources, *Becoming a Personal Trainer For Dummies* gives you the tools you need to be the best personal trainer you can be. Grab your own copy to get the most out of this fun, fabulous career. **Be More Assertive** Teach Yourself Teach Yourself Assertiveness will use tips and strategies, explanations and illustrative stories to help anyone, whether at home or in work, to practise being composed, unambiguous and in control. **The English Languages** Cambridge University Press Plural? monolithic? legion? - Tom McArthur explores the nature of English in its local and global contexts. **Investment Management** The theory and principles of Investment Management remain unaltered but the backdrop of the operations of investment and the practices and procedures of investment management change from time to time. The financial markets in which most of the operations take place are a reflection of the economy and its performance. The economic and financial reforms in India are a continuing process and these affect the operations in the financial markets. The changes are to be incorporated in any revision of a book of this nature, which is being used by students of finance whether in MBA or M.com. or any othe. **Laboratory Manual for Exercise Physiology** Human Kinetics Laboratory Manual for Exercise Physiology, Second Edition With HKPropel Access, provides guided opportunities for students to translate their scientific understanding of exercise physiology into practical applications in a variety of settings. Written by experts G. Gregory Haff and Charles Dumke, the text builds upon the success of the first edition with full-color images and the addition of several new online interactive lab activities . The revitalized second edition comprises 16 laboratory chapters that offer a total of 49 lab activities. Each laboratory chapter provides a complete lesson, including objectives, definitions of key terms, and background information that sets the stage for learning. Each lab activity supplies step-by-step procedures, providing guidance for those new to lab settings so that they may complete the procedures. New features and updates in this edition include the following: Related online learning tools delivered through HKPropel that contain 10 interactive lab activities with video to enhance student learning and simulate the experience of performing the labs in the real world A completely new laboratory chapter on high-intensity fitness training that includes several popular intermittent fitness tests that students can learn to perform and interpret An appendix that helps estimate the oxygen cost of walking, running, and cycling New research and information pertaining to each laboratory topic A lab activity finder that makes it easy to locate specific tests In addition to the interactive lab activities, which are assignable and trackable by instructors, HKPropel also offers students electronic versions of individual and group data sheets of standards and norms, question sets to help students better understand laboratory concepts, and case studies with answers to further facilitate real-world application. Chapter quizzes (assessments) that are automatically graded may also be assigned by instructors to test comprehension of critical concepts. Organized in a logical progression, the text builds upon the knowledge students acquire as they advance. Furthermore, the text provides multiple lab activities and includes an equipment list at the beginning of each activity, allowing instructors flexibility in choosing the lab activities that will best work in their facility. *Laboratory Manual for Exercise Physiology, Second Edition With HKPropel Access*, exposes students to a broad expanse of tests that are typically performed in an exercise physiology lab and that can be applied to a variety of professional settings. As such, the text serves as a high-quality resource for basic laboratory testing procedures used in assessing human performance, health, and wellness. Note: A code for accessing HKPropel is not included with this ebook but may be purchased separately. **The World's Major Languages** Routledge The World's Major Languages features over 50 of the world's languages and language families. This revised edition includes updated bibliographies for each chapter and up-to-date census figures. The featured languages have been chosen based on the number of speakers, their role as official languages and their cultural and historical importance. Each language is looked at in depth, and the chapters provide information on both grammatical features and on salient features of the language's history and cultural role. *The World's Major Languages* is an accessible and essential reference work for linguists. **Handbook of Student Skills Sprintprint** SprintPrints With its clear structure and practical approach, *Good Study* provides the ideal guide to help students through their demanding first year of study. Its basic aim is to give them the maximum information in the minimum time so they can concentrate on using the advice whilst studying. *Good Study* is the complete revision of the best-selling *Handbook of Student Skills* and is written by a lecturer with many years of first-year university teaching. **Fitness For Dummies** For Dummies In the exercise world, there's something new in equipment, research, gadgets, videos, and Web sites just about every day. Health clubs are offering innovative new classes like cardio kickboxing and firefighter boot camp, and nifty new machines, like the elliptical trainer. Meanwhile, scientists have published scores of new studies suggesting that exercise may, among other things, improve memory, reduce the risk of breast cancer, and give you a mood boost. *Fitness For Dummies, 2nd Edition*, updates you on all the latest – the good, the bad, and the totally weird. But the central mission of this book is to tackle your fears, whether you worry that operating a stairclimber requires a degree in mechanical engineering or fret that no matter what exercise

routine you start, sooner or later you'll end up back in the recliner. This book is for anyone who wants to Set realistic fitness goals Analyze your eating habits Maximize your cardio workout Demystify strength equipment Choose a health club This down-to-earth guide tells you the stuff you really want to know, such as: Will you burn more fat if you exercise at a slower pace? Which brands of home exercise equipment are most reliable? Can you actually become "Rock Solid in 6 Weeks," like the magazines say? Which weight training exercises are best for beginners? What the heck is Pilates, and how do you pronounce it? How many days a week do you really need to work out? How can you tell if a fitness trainer is qualified? Will exercise ever be fun? Don't become a fitness statistic. The fact is, among people who start an exercise program, half quit within eight weeks. *Fitness For Dummies, 2nd Edition*, presents strategies for making exercise a habit and explains the basics of healthy eating so that you steer clear of fad diets and useless supplements. This book gives you the knowledge and motivation to stick with fitness for the rest of your life. **Concise Oxford Companion to the English Language** Oxford University Press, USA Providing a single-volume source of information about the English language, this text takes in language examples from Cockney to Creole across a historical range from Chaucer to Chomsky. **Prince2 Foundation Training Manual** Thank you for reading our PRINCE2 Foundation Training Manual. The main objective of this book is to provide an easy-to-read and easy-to-understand PRINCE2(R) Foundation training manual. The official PRINCE2 manual, "Managing Successful Projects with PRINCE2," is an excellent reference manual, but it is not a training manual and should not be used as one, as it is very difficult to comprehend and understand if you are new to project management. The official PRINCE2 manual also covers the complete Practitioner Syllabus, and it's impossible to know which parts are just focused on the PRINCE2 Foundation syllabus, so you have to read everything, which is not good if you are just studying for the foundation exam. Henceforth, this book is meant to be (and is) an easy introduction to PRINCE2 based on the Foundation syllabus, and it's quickly becoming the most read book for people wishing to learn about PRINCE2 and prepare for the foundation exam. **World Englishes A Resource Book for Students** Psychology Press Assuming no prior knowledge, this book offers an accessible overview of English dialects, with activities, study questions, sample analyses, commentaries & key readings. It is structured around four sections: introduction, development, exploration & extension. **Size and Strength Blueprint The Ultimate Encyclopedia of Proven Workouts** Are you a hard worker? Are you tired of busting your butt and not having the size and strength to show for it? You can't reach your goals in the gym without a plan! Now you will never have to hit the gym without a set workout again! What you have in your hands is the ultimate blueprint to a bigger, stronger you! Now all your hours sweating and toiling away on the weight pile won't be in vain. Even the most seasoned gym veterans and highly skilled trainers have difficulty consistently coming up with fresh and effective workouts. But for those willing to put in the time (the lazy and uncommitted need not apply), the Size and Strength Blueprint is here to take your strength and physique game to the next level. In this book we show you exactly what to do to put on pounds of quality lean muscle mass, and strength levels to match, in a matter of weeks! These are not theory-based workouts. They have been tested and proven on world-class athletes from IFBB Pros Johnnie Jackson and Branch Warren, World Record Holder Jeremy Hoornstra, professional athletes, and some of the strongest men in the world. Josh and Noah Bryant have "been there and done that" and are full-time trainers whose clients make up the A-List of the weightlifting world. You can now use the secrets and methods of two of the world's best trainers in your own program. Imagine, in just a couple of months, being more confident, feeling better physically and mentally, and reaching goals you previously thought unattainable, all without living in the gym and doing hours of cannibalizing cardio! The Blueprint is going to be the greatest training investment you have ever made and is an absolute necessity for any serious strength athlete or personal trainer. If you have the work ethic, we have the plan! **Courtesan's Kiss** Bantam From Mary Blayney, the acclaimed author of *Stranger's Kiss*, comes this irresistible new novel of historical romance featuring the Pennistan family. In *Courtesan's Kiss*, an independent woman is determined to make her way in the world—even if it's a scandalous one. But first she must escape a nobleman with plans of his own In the wake of a broken engagement and shunned by the ton, Mia Castellano does not retire to the country, as a proper young lady might, but sees her chance to escape society's restraints—by becoming a courtesan. In her mind, no unmarried young woman is as free as a courtesan. She alone controls her destiny: managing her own money, having her own house, choosing her lovers. There's only one obstacle in Mia's path—Lord David Pennistan. As a favor to his brother, Lord David agrees to escort Mia to his family's home in Derbyshire, where her guardian awaits. Mia attracts nothing but trouble from the outset of their journey, yet with every adventure they share, Lord David's desire for his charge grows. When they're caught in a compromising situation, Lord David insists that she marry him. But there's only one thing Mia wants from David, and it isn't his charity or his title. Can he convince her before it's too late that the love she wants is already hers—to take or to lose forever? Can he win more from this untamed beauty than just a courtesan's kiss? **Design Discourse Composing and Revising Programs in Professional and Technical Writing** Parlor Press LLC *Design Discourse: Composing and Revising Programs in Professional and Technical Writing* addresses the complexities of developing professional and technical writing programs. The essays in the collection offer reflections on efforts to bridge two cultures—what the editors characterize as the "art and science of writing"—often by addressing explicitly the tensions between them. *Design Discourse* offers insights into the high-stakes decisions made by program designers as they seek to "function at the intersection of the practical and the abstract, the human and the technical." **Grammar Alive! A Guide for Teachers** National Council of Teachers Offers elementary teachers advice and strategies to help them teach, apply, and understand English grammar while still adhering to state and school standards. **The Movie Guide** Perigee Trade From *The Big Sleep* to *Babette's Feast*, from *Lawrence of Arabia* to *Drugstore Cowboy*, *The Movie Guide* offers the inside word on 3,500 of the best motion pictures ever made. James Monaco is the president and founder of *BASELINE*, the world's leading supplier of information to the film and television industries. Among his previous books are *The Encyclopedia of Film*, *American Film Now*, and *How to Read a Film*. **Classic Keys Keyboard Sounds That Launched Rock Music** University of North Texas Press *Classic Keys* is a beautifully photographed and illustrated book focusing on the signature rock keyboard sounds of the 1950s to the early 1980s. It celebrates the Hammond B-3 organ, Rhodes and Wurlitzer electric pianos, the Vox Continental and Farfisa combo organs, the Hohner Clavinet, the Mellotron, the Minimoog and other famous and collectable instruments. From the earliest days of rock music, the role of keyboards has grown dramatically. Advancements in electronics created a crescendo of musical invention. In the thirty short years between 1950 and 1980, the rock keyboard went from being whatever down-on-its-luck piano awaited a band in a bar or concert hall to a portable digital orchestra. It made keyboards a centerpiece of the sound of many top rock bands, and a handful of them became icons of both sound and design. Their sounds live on: Digitally, in the memory chips of modern keyboards, and in their original form thanks to a growing group of musicians and collectors of many ages

and nationalities. *Classic Keys* explores the sound, lore, and technology of these iconic instruments, including their place in the historical development of keyboard instruments, music, and the international keyboard instrument industry. Twelve significant instruments are presented as the chapter foundations, together with information about and comparisons with more than thirty-six others. Included are short profiles of modern musicians, composers, and others who collect, use, and prize these instruments years after they went out of production. Both authors are avid musicians, collect and restore vintage keyboards, and are well-known and respected in the international community of web forums devoted to these instruments. **English as a Global Language** Cambridge University Press David Crystal's classic *English as a Global Language* considers the history, present status and future of the English language, focusing on its role as the leading international language. English has been deemed the most 'successful' language ever, with 1500 million speakers internationally, presenting a difficult task to those who wish to investigate it in its entirety. However, Crystal explores the subject in a measured but engaging way, always backing up observations with facts and figures. Written in a detailed and fascinating manner, this is a book written by an expert both for specialists in the subject and for general readers interested in the English language. **Marathon The Ultimate Training Guide** Rodale Features instructions for runners of all ability levels on preparing for a marathon, including training schedules, advice on diet, defensive running strategies, and tips for staying motivated. **A Holiday Roundelay** Joyous "noels" resound in this bright, festive holiday celebration from gifted composer Victor Johnson. Contrasting legato sections add to the musical interest and help to spell success in this excellent programming choice for young and developing choirs. **The Jew of Malta** Courier Corporation Prejudice, the intricacies of Mediterranean politics, and Machiavellian strategy abound in this masterpiece of Elizabethan theater, in which the main character schemes to cling to his wealth, his status, and his daughter. **The Other Tongue English Across Cultures** Pergamon **Reflections on the Nude** Routledge Tavistock Press was established as a co-operative venture between the Tavistock Institute and Routledge & Kegan Paul (RKP) in the 1950s to produce a series of major contributions across the social sciences. This volume is part of a 2001 reissue of a selection of those important works which have since gone out of print, or are difficult to locate. Published by Routledge, 112 volumes in total are being brought together under the name *The International Behavioural and Social Sciences Library: Classics from the Tavistock Press*. Reproduced here in facsimile, this volume was originally published in 1967 and is available individually. The collection is also available in a number of themed mini-sets of between 5 and 13 volumes, or as a complete collection. **The Company Daughters A heart-wrenching colonial love story** Bookouture 'Blew my mind... so magically written and most of all that it is based on true events... a hard-hitting, soul-crushing book... I loved every moment of it... immersive, heart-wrenching, I feel emotional writing this review.' Goodreads reviewer, 5 stars *Wanted: Company Daughters*. Virtuous young ladies to become the brides of industrious settlers in a foreign land. The Company will pay the cost of the lady's dowry and travel. Returns not permitted, orphans preferred. Amsterdam, 1620. Jana Beil has learned that life rarely provides moments of joy. Having run away from a violent father, her days are spent searching for work in an effort to stay out of the city brothels, where desperate women trade their bodies for a mouthful of bread. But when Jana is hired as a servant for the wealthy and kind Master Reynst and his beautiful daughter Sontje, Jana's future begins to look brighter. Then Master Reynst loses his fortune on a bad investment, and everything changes. The house is sold to creditors, leaving Jana back on the street and Sontje without a future. With no other choice, Jana and Sontje are forced to sign with the East India Company as *Company Daughters*: sailing to a colonial Dutch outpost to become the brides of male settlers they know nothing about. With fear in their hearts, the girls begin their journey - but what awaits them on the other side of the world is nothing like what they've been promised... Based on true history, this is a gripping and unputdownable historical novel, perfect for fans of *Girl with a Pearl Earring*, *The Miniaturist* and *The Indigo Girl*. WINNER OF THE 2021 GOLDEN CROWN LITERARY SOCIETY AWARD FOR DEBUT FICTION. FINALIST FOR THE 2021 BISEXUAL BOOK AWARDS. LONGLISTED FOR THE 2021 HWA DEBUT CROWN AWARD. What readers are saying about *The Company Daughters*: 'Blew my mind... a book I've told so many people about purely because I'm still in disbelief that it exists, that it's so magically written and most of all that it is based on true events... a hard-hitting, soul-crushing book of a woman's struggle to survive... I loved every moment of it. Breathlessly, and in a way that took up my entire brain... immersive, heart-wrenching, and I feel emotional writing this review.' Goodreads reviewer, 5 stars 'From the moment I started reading *The Company Daughters*, I was captivated by this historical tale. Although it does contain a love story, it's not a romance... This was a gripping read.' Goodreads reviewer 'This book is so stunningly tender and beautiful, all mixed in with some seriously tragic and heart-wrenching events... Rajaram is an extremely skilled writer, and I love her writing style... The themes of sisterhood and female love were so present in this book and I found it very moving.' Goodreads reviewer 'I was enchanted by this book! It's a delightful read that will have your emotions all over the place.' Goodreads reviewer 'I love historical fiction, and this book touched on a topic and time I knew nearly nothing about... There's love, there's loss, there's surviving, there's thriving... It was a very beautiful book.' Goodreads reviewer 'The *Company Daughters* is a beautifully written love story... a perfect example of the power of human will and the endurance and hope that love can give a person.' Goodreads reviewer, 5 stars 'This book has a beauty and grace to it. The author's writing just flows off the page, and although there are struggles and upsets by the time you close the book over you are filled with a warm glow.' Goodreads reviewer 'A powerful and insightful read. I look forward to reading more historical work by Samantha Rajaram!' Goodreads reviewer 'Heartbreaking... a moving book... vivid, with amazing characters... This is a great read.' Goodreads reviewer **Oxford Guide to Metaphors in CBT Building Cognitive Bridges** Oxford University Press "Oxford Guide to Metaphors in CBT, Building Cognitive Bridges is a remarkable, memorable, and continually fascinating book, one that will be on my repeated reference list for years to come." Robert Leahy, Clinical Professor of Psychology in Psychiatry at Well-Comell University Medical College -- **Words in the Mind An Introduction to the Mental Lexicon** Wiley-Blackwell *Words in the Mind* deals with words, and how humans learn them, remember them, understand them, and find the ones they want. It discusses the structure and content of the human word-store or 'mental lexicon, with particular reference to the spoken language of native English speakers. Discusses the structure and content of the human word-store, or 'mental lexicon'. Features a highly informative and accessible account of a central area of research. Incorporates new research on the mental lexicon. Written by a prominent researcher of the mental lexicon, language change, and the language of the media. **The Great Starvation Experiment Ancel Keys and the Men Who Starved for Science** U of Minnesota Press Reprint. Originally published: New York: Free Press, c2006. **The Cambridge Encyclopedia of Language** Looks at the variety, history, structure, and behavior of language, and discusses language learning, foreign language teaching, and linguistics